

## First Communion Preparation Team



Volunteers in this ministry **help with** two meetings, which are held about 3 months apart. Volunteers also **phone** the candidates to remind them of these two meetings.

FIRST MEETING: An initial **one-hour meeting** is held with parents and candidates **to begin the preparation** to receive Holy Communion for the first time. The *Diocesan Youth Retreat Team* comes out from Calgary to lead the discussion explaining about Eucharist and what it means for us. The volunteers of St. Mary's First Communion Preparation Team provide **assistance** to the *Diocesan Youth Team* with this meeting in the following ways:

- helping to organize the candidates for their activities;
- assisting candidates with a craft activity, which is provided;
- helping with clean-up as needed.
- **NOTE:** no preparation/training is needed for our volunteers—the *Diocesan Youth Team* leads both the meeting and the activities.

During the meeting time, a member of the *Diocesan Youth Team* makes a presentation **to the parents** about how they can assist their children to be properly disposed to receive Holy Communion.

SECOND MEETING: This is a **retreat** for the candidates on a **week-night 6:30 to 8 pm** about 3 months later, prior to the celebration of First Eucharist. The retreat is also led by the *Diocesan Youth Retreat Team* and again St. Mary's First Communion Prep Team is needed to help as mentioned above.

QUESTIONS: Contact Ken Hagel at [KHagel@stmaryscochrane.ca](mailto:KHagel@stmaryscochrane.ca)  
or phone the Parish Office at 932-2944